

# THE LAMP

A Newsletter of The Juniata Valley Shared Ministry

MARCH 2020

www.jvsm.org and www.facebook.com/jvsm2016

THOUGHTS FROM THE PASTOR



We are now officially in the season of Lent. We had a wonderful Ash Wednesday Service and owe huge thanks to Kathy Smith and her team for the wonderful ham and covered dishes. Also thanks to our reader/actors that night. It was wonderful to have the community join us.

On Sundays during Lent we are taking a new look at the idea of giving up something for Lent. But this giving up is different. We're looking to give up things that are unhealthy for our hearts and our spirits. We're looking to make a permanent change in our hearts, not something that lasts for just forty days.

One of the topics we are taking on is judging others, jumping to conclusions...whatever you want to call it. The simple reality is we all pass judgement. Sometimes we have to: like deciding what to wear, what to eat and so on. But we also pass judgement on others and are not always aware of the damage we do.

Words can destroy. Lives....reputations.....relationships.....

There's a reason Jesus bluntly says: do not judge!

I wanted to share with you something I came across that might help us if not give up judging, but maybe cut back on it: it's one simple word, THINK.

Before you speak ask yourself these questions:

T = is it True

Do you know for sure that what you are about to say is true? Has it been embellished or distorted in any way.

H = is it Helpful

Does what you're about to say help someone else? Does it help a situation? Does it create good will or create negativity?

I = is it Inspiring

Does what you say inspire people to do good? Does it cause them to do positive things? What will these words inspire people to do?

N = is it Necessary

Is it absolutely necessary that the person you are talking to hear what you say?

K = is it Kind

Are your words kind to the person you are speaking to or about?

Pastor Nancy

**HIGHLAND**

11 Church Road  
Newport, PA 17074

**E-mail:**

hupcsecretary@embarqmail.com

Phone #: (717) 567-9577

**Pastor**

**Rev. Nancy McClure**

**Clerk of Session**

Patricia Shutt

**Church Secretary**

Linda Bitting

**Church Treasurer**

Kathy Smith

**Financial Secretary**

Dennis Tressler

**ELDERS ON SESSION**

Donald Barlup

Cindy McHenry

Patrick McIntyre

Janice Zaring

Kathy Smith

Delroy Wagner

James Turner

Patricia Shutt

William McHenry

**DEACONS**

Jason Barlup

Linda Bitting

Jessica Bryson

Karen Turner

Kim Drum

Austin Neidigh

Elaine Buffington

Melissa Neidigh

**HIGHLAND UNITED**

**MARCH GREETERS, USHERS,  
ACOLYTES, LAY READERS,  
AND COMMUNION TEAM**

Mar. 1	Greeter	Amos Miller
	Ushers	Dana Bryan, Wilma Klingensmith
	Lay Reader	Kathy Smith
	Acolyte	C J Bryan
8	Greeter	Dottie Crouse
	Ushers	Jason and Jessica Barlup
	Lay Reader	Patrick McIntyre
	Acolyte	Henry Barlup
15	Greeter	Lee Kraft
	Ushers	Donald and Linda Barlup
	Lay Reader	Cecile Willet
	Acolyte	Logan Bates
	Communion Team	Joseph and Gail Frank
		William and Melissa Neidigh
22	Greeter	Darla Page
	Ushers	Trevor and Becky Wudtke
	Lay Reader	Nancy Campbell
	Acolyte	Adalyn Smith
29	Greeter	Joseph Frank
	Ushers	Kathy Smith, Pat Shutt
	Lay Reader	Cindy McHenry
	Acolyte	Max Pascoe



Mar. 6	Jessica Barlup
	David Miller
11	Patrick McIntyre
13	Nancy Campbell
	Geoff Drum
20	Ava Smith
22	Landon Zaring
	Dana Bryan
28	Lexie Zaring

**ANNIVERSARIES**

Mar. 8	Larry and Patricia Shutt
15	Charlie and Glenda Dillman
29	Dennis and Peggy Tressler

**GIFTS FROM THE HEART:** The Deacons are sponsoring a food drive during the month of March. The food collected will go to the Food Pantry to feed those less fortunate. There is a box in the narthex for donations. God loves a joyful giver and each gift, no matter how small, is a gift from the heart.

## HIGHLAND UNITED CONTINUED



**MARCH COFFEE HOUR:**

- Mar. 1 Wilma Klingenmith
- Mar. 8 Lee Kraft
- Mar. 15 Bob and Sherry Rolston
- Mar. 22 Need Help
- Mar. 29 Kathy Smith

**APRIL COFFEE HOUR:**

- Apr. 5 Need Help
- Apr. 12 Need Help
- Apr. 19 Need Help
- Apr. 26 Need Help

**SUNDAY SCHOOL TEACHER'S LIST FOR THE MONTH OF MARCH:**

March	1	Kathy Sanderson	Pam Adams/Heather McClure	Jessica Bryson
March	8	Linda Bitting	Pam Adams Neidigh Family	Neidigh Family
March	15	Linda Barlup	Pam Adams Becky Wuddtke	Patrick McIntyre
March	22	Kim Drum	Pam Adams Sue Robinson	Maggie Pasco
March	29	Kathy Sanderson	Pam Adams/Heather McClure	Jessica Bryson

**HIGHLAND UNITED FINANCES:**

General Fund

January	<b>Income</b>	<b>Expenses</b>	<b>Residual</b>
	\$ 5,712.48	\$ 8,473.74	\$ (2,761.26)
February	<b>Income</b>	<b>Expenses</b>	<b>Residual</b>
	\$ 6,466.15	\$ 5,013.39	\$ 1,452.76
March	<b>Projected</b>		
	<b>Income</b>	<b>Expenses</b>	<b>Residual</b>
	\$ 6,991.33	\$ 7,617.50	\$ (626.17)



"GIVE UP SOMETHING BAD FOR LENT" is the title of our Lenten Bible Study. Instead of giving up chocolate or coke, this study leads us into a heart experience as we talk about giving up anger, pettiness, enemies and bad habits. The study will meet on Saturdays at 8:30 a.m. in rotating locations between the Red Zone and Newport Family Restaurant. Schedule is as follows: 3/14 Red Zone, 3/21 Newport Family Restaurant and 3/28 Red Zone.

**CONGREGATION COFFEE HOUR:** Volunteers are needed to host Coffee Hour. There will be a sign-up sheet on the bulletin board in the narthex for any member to pick a Sunday and host coffee hour. You can team up with someone else or do it yourself.

## PERRY VALLEY

### PERRY VALLEY

301 Old Ferry Road  
Millerstown, PA 17062

#### E-mail:

pcpv@pa.net

#### Church Secretary

Sharon Delancey

#### Church Treasurer

Lori Comp

#### Clerk of Session

Russ LaForce

#### Director of Sunday School

Sharon Delancey

#### Financial Secretary

Peg Bolton

Sally Tengeres

#### ELDERS ON SESSION

Lori Comp

Russ LaForce

Sharon Delancey

Doris LaForce

#### DEACONS

Linda Sanderson

Nancy Sweger

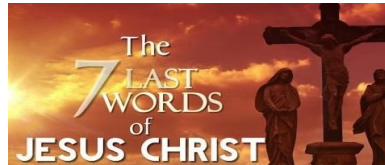
Sally Tengeres

**March Liturgists:** 1 Tom Ulsh 8 — 15 Lori Comp 22 Sharon Delancy  
29 Tom Ulsh

**March Greeters:** 1 Cindy Napier 8 Peg Bolton 15 Ethel Bitting  
22 Heather McClure 29 Linda Sanderson

**PRAYER CONCERNS:** Bob Sweger, Dave Foose, Helen Herr Atticks, all of our Church family, our community and country.

### The Newport Ministerium Weekly Lenten series for 2020



March 11- Luke 23:43: Truly, I say to you, today you will be with me in paradise? – Cheryl Dorman

March 18 - John 19:26 -27: Woman, behold your son. Son, behold your mother – Nancy McClure

March 25 - John 19:28: I thirst. – Rebecca Myers

April 1 - Luke 23:46: Father, into thy hands I commit my spirit.

– Jan Custer Friday, April 10 – Good Friday Cross Walk  
Meet in front of Goodwill at noon.

All are welcome!



**Perry Valley is making a difference in people's lives** as we collect items for the medical/dental units of Bethesda Mission. The items they are looking for are: Alka Seltzer Cold Medication, Allergy Medication, Anti-Fungal Cream, Bacitracin/Triple Antibiotic Cream/Neosporin, Cough Drops – Regular and Sugar Free, DayQuil Cold Medication, Hand Sanitizer (Individual size), Hydrocortisone Cream, Ibuprofen 200mg, Instant Cold Packs, Instant Hot Packs, Kleenex (large boxes), Multivitamins, Muscle Rub, Naproxen 220mg, Pepto Bismol Tablets, Saline Nasal Spray, Sinus Congestion Medication, Toe-nail clippers, Polident adhesive for dentures, Individually packaged toothbrushes (soft), Travel-sized non-alcoholic mouthwash, Dental pics, Dental floss/ Flossers, Denture cases Toothbrush holders (travel).

**WESTMINSTER**

3rd and Lemon Streets

Mifflintown, PA 17059

**E-mail:**

westminsterupc@gmail.com

**Clerk of Session**

Gabe Book

**Church Secretary**

Judy Armstrong

**Church Treasurer**

Margie Bryner

**Sunday School**

**Superintendent**

John Shirk

**Sunday School-Treasurer**

Diane Marshall

**ELDERS ON**

**SESSION**

Aaron Geedey

Shelly Horning

Deb Heisey

Rich Swab

Jan Manbeck

Gabe Book

Kathy Brown

**DEACONS**

Jill Steward

Marie McNaight

BJ Doray

Beth Stoner

Barbara Koppenhaver

Michelle Parks

**TRUSTEES**

Dick Crozier

JR Bair

Rachel Dowling

Roger Parks

Shade Parks

Kit Parks—  
Cemetery Treasurer

**WESTMINSTER UNITED**

**FOR THE MONTH MARCH**

**March Lector:** Michelle Parks

**March Ushers/Greeters:** Mike and Beth Stoner



**March Nursery Attendants** 1 Shelly Horning 8 Meghan Geedey 15 Jody Satzler 22 Kit Parks 29 Rachel and Laney Dowling

**March Birthdays:** 4 Kathie Eichenberger, Amelia Book 13 Gabe Book 15 Mike Stoner 17 Norma Parker 27 Cassett Trout

**March Anniversaries:** 16 Paul and Jackie Wilt

**LENTEN MISSION PROJECTS** – The focus of our mission during Lent is on Bethesda Mission. Bethesda has many arms to a very active ministry to the poor and the homeless. Each one of our churches are choosing a branch to support during Lent. Westminster is supporting the mobile mission by collecting items they distribute in the homeless camps in the area.



**FOOD PANTRY NEEDS FOR MARCH**—ALL NON-PERISHABLE FOODS; OVER-THE COUNTER PAIN, COLD AND FLU MEDICINES; PAPER TOWELS, COUGH DROPS, DISH DETERGENT, LAUNDRY DETERGENT, AND ANY CLEANING ITEMS. DONATIONS OF CASH /CHECK ARE ALSO APPRECIATED!



to Connie Benner, Marie McNaight and Jill Stewart and all who donated goodies for our Ladies Lenten Tea.



The deacons are going to be looking for gently used pocket books that will be filled with feminine toiletries for use by women in the women’s shelter or the mobile unit at Bethesda Mission. You’ll be hearing more about this in coming weeks.

FFK...formerly known as Divertido is getting ready to kick off our fourth summer! We are looking for folks who will help plan the program and people who will be present during our summer sessions. We are hoping to meet this month. We would love to continue to have this outreach into the community, please let Pastor Nancy know if you are willing to help.

## JUNIATA VALLEY SHARED MINISTRY



### PASTOR NANCY'S OFFICE HOURS

Highland United:	Tuesday 9:00-12:00	Thursday 9:00-12:00	Makes visitations in afternoons
Perry Valley:	As Needed		Makes visitations in afternoons
Westminster:	Tuesday 1:00-4:00	Wednesday 9:00-12:00	

### SECRETARY'S HOURS:

Highland United:	Tuesday 8:00-12:00	Thursday 8:00-2:00	Friday 8:00-12:00
Perry Valley	N/A		
Westminster:	Wednesday 8:00-5:00	Friday 7:30-12:30	

### Please keep in prayer our church members and our friends:

Angie Barlup, Peg Tressler, Sherry Rolston, Les Weibley, Pat McGowan, Ed Wright, Carrol Hench, Janet Clark, Robert Rolston, Lois Graybill, Art Sylvester, Jessica Bryson, Colton Cook, Richard Brunner, Jason Barlup, Carlen McClure, Martha Beatty (at William Penn, Lewistown), Fred Marshall (at Locust Grove), Jason Saylor, Collin Jones, Jamie Zeiders, Austin Parker, Josh Hohol, Warren Ranch, Noel Peachey, Mary Sanders, Jamie Miller, Kathy Miller, Mindy Rhoades, Roger Musselman, Eugene Jones, Bob Sweger, Pat Campbell, Deanna Dare, Paul Kautzer, David Foose, Robbie Lauver, Jared Vento, Jan Landis, Barry Cornell, Eddi Kay Gill, Dan and Jane Zumbro, Eleanor Stallman, Josie Abram, Jody Satzler, Justin Dobson and Marjory Miller.

**PERRY VALLEY IS SELLING DISCOUNT CARDS:** On each card are discounts at some of your favorite places to eat and shop - such as Butcher's, Sharar's, and Hall's. Many of the discounts are good for a year! Cards can be purchased from Diane Marshall at Westminster and Linda Bitting at Highland United at a cost of \$5.00 each.

## JUNIATA VALLEY SHARED MINISTRY CONTINUED

### PREVIEW OF LENT

March 1<sup>st</sup> – 29<sup>th</sup> Sermon Series: “Giving Up Something Bad for Lent”

No, we’re not going to be talking about giving up chocolate, or caffeine. Rather we’re going to talk about things we can give up that touch our hearts and spirits. For instance: giving up enemies, pettiness, bad habits and more. How can we let Lent truly change us?

March 8 <sup>th</sup>	Lenten Communion at Perry Valley and Westminster		
March 15 <sup>th</sup>	Lenten Communion at Highland United		
April 5 <sup>th</sup>	Palm Sunday – regular service schedule		
April 9 <sup>th</sup>	Maundy Thursday Worship at Westminster	Meal: 6:00 p.m.	Service: 7:00 p.m.
April 12 <sup>th</sup>	Easter!!!		
	Sunrise Service at Perry Valley		7:00 a.m.
	Worship at Highland United		9:00 a.m.
	Worship at Westminster		11:00 a.m.

### LENTEN BIBLE STUDY

A six week Bible study entitled “Giving Up Something Bad for Lent,” will begin on February 29<sup>th</sup> at 8:30am. The Bible study will dig in depth to the themes we will be exploring during the Lenten Sermon series. The tentative schedule is:

3/7	at Newport Family Restaurant	“Giving Up Condemning Judgements
3/14	at Red Zone	“Give Up Enemies”
3/21	at Newport Family Restaurant	“Give up Running Away”
3/28	at Red Zone	“Give Up A Bad Habit”
4/4	at Newport Family Restaurant	“Give Up Pettiness”

## **JUNIATA VALLEY SHARED MINISTRY CONTINUED**

Highland United Presbyterian  
Mission Committee and Kitchen Ministry  
**PRESENT:**

### **“Meat Me on Bourbon Street”**

It's 1975. The Andouille Sausage Company of New Orleans is about to announce its latest product and the food world is buzzing with anticipation. CEO Francois de Andouille is known for his trend-setting innovations and it's believed he is about to redefine the hotdog as we know it. The big announcement is coming at the Andouille Sausage Company's annual Mardi Gras party, but since many people are in masks, there may be some party crashers in attendance. Not everyone wants to see Andouille succeed in his latest venture. And soon Lent will take its toll on sales.

Come prepared to join in the story – period dress and Mardi Gras adornment encouraged.

Proceeds to benefit Bethesda Mission's Community Outreach.  
ONLY 100 tickets will be available

Friday, April 3<sup>rd</sup> beginning with dinner at 6 pm. \$25.00 per person.  
RSVP at (717) 567-9577

### *THE GOOD NEWS SINGERS*

**Will be at Highland United on April 5<sup>th</sup> at 3:00 p.m.  
They will be performing “THIS IS GOD”.  
Please plan to join us!**

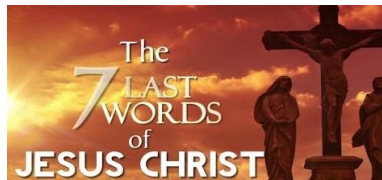


## HIGHLAND UNITED CONTINUED

### SUNDAY SCHOOL NEWS:

- We will be decorating a Lent tree throughout the next several weeks. We will be making Lent symbols for on the tree. We would please allow time at the end of each lesson to outline the symbols with glitter and talk about them, that would be appreciated. The first week will be talking about the color purple. We will be doing a donkey, palm leaf, bread, wine.
- CE Lent Mission - with the Sunday School Children's support, we have agreed to make the Bethesda Missions Community Center our mission. The center is in need of supplies. We will have a place to donate items in the Narthex. Items needed are: school supplies, book bags, board games (new), nerf guns, earphones, gift cards, portable soccer nets, soccer balls and dodge balls.
- Palm Sunday- we will have the children do the Palm processional and handout Palms after church.

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– Cheryl Dorman

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April 1 - Luke 23:46: Father, into thy hands I commit my spirit.

- Jan Custer Friday, April 10 – Good Friday Cross Walk Meet in front of Goodwill at  
noon.

All are welcome!

## PERRY VALLEY SCHEDULE — MARCH

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
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<i>1 8:45 Worship</i>	2	3	4	5	6	<i>7 Bible Study at Newport Family Rest. 8:30 a.m.</i>
<i>8 8:45 Worship</i>	9	10	<i>11 Ministerium Lenten Supper 5:30—7:00 at UCC</i>	12	13	<i>14 Bible Study at Red Zone 8:30 a.m.</i>
<i>15 8:45 Worship</i> <b>SESSION 6:00 P.M.</b>	16	17	<i>18 Ministerium Lenten Supper 5:30—7:00 at UCC</i>	19	20	<i>21 Bible Study at Newport Family Rest. 8:30 a.m.</i>
<i>22 8:45 Worship</i>	23	24	<i>25 Ministerium Lenten Supper 5:30—7:00 at UCC</i>	26	27	<i>28 Bible Study at Red Zone 8:30 a.m.</i>
<i>29 8:45 Worship</i>	30	31				

## WESTMINSTER SCHEDULE — MARCH

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**Sun                      Mon            Tue                      Wed            Thu            Fri                      Sat**

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<i>1</i>	<i>2</i>	<i>3 Deacons</i> <i>7:00</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7 Bible Study at</i> <i>Newport Family</i> <i>Rest. 8:30 a.m..</i>
<i>8 9:30 Sunday School</i> <i>11:00 Worship Service</i>	<i>9</i>	<i>10 Trustees</i> <i>7:00</i>	<i>11 Ministeri-</i> <i>um Lenten</i> <i>Supper 5:30—</i> <i>7:00 at UCC</i>	<i>12</i>	<i>13</i>	<i>14 Bible Study</i> <i>at Red Zone</i> <i>8:30 a.m.</i>
<i>15 9:30 Sunday School</i> <i>11:00 Worship Service</i>	<i>16</i>	<i>17</i>	<i>18 Ministeri-</i> <i>um Lenten</i> <i>Supper 5:30—</i> <i>7:00 at UCC</i>	<i>19</i>	<i>20</i>	<i>21 Bible Study</i> <i>at Newport</i> <i>Family Rest.</i> <i>8:30 a.m.</i>
<i>22 9:30 Sunday School</i> <i>11:00 Worship Service</i>	<i>23</i>	<i>24</i>	<i>25 Ministeri-</i> <i>um Lenten</i> <i>Supper 5:30—</i> <i>7:00 at UCC</i> <i>Session 6:30</i>	<i>26</i>	<i>27</i>	<i>28 Bible</i> <i>Study at Red</i> <i>Zone 8:30 a.m.</i>
<i>29 9:30 Sunday School</i> <i>11:00 Worship Service</i>	<i>30</i>	<i>31</i>				

**Highland United Presbyterian Church**

11 Church Road  
Newport, PA 17074

*The Lamp*



2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:00 <i>Adult Sunday School</i> 10:00 <i>Worship Service</i> 10:15 <i>Sunday School</i>	2	3 <i>Tai Chi 9:30-10:30</i>	4 <i>Nominating 5:00</i> <i>Session 6:30</i>	5 <i>Tai Chi 9:30-10:30</i>	6	7 <i>Bible Study at Newport Family Rest. 8:30 a.m.</i>
8 9:00 <i>Adult Sunday School</i> 10:00 <i>Worship Service</i> 10:15 <i>Sunday School</i>	9	10 <i>Tai Chi 9:30-10:30</i>	11 <i>Ministerium Lenten Supper 5:30—7:00 at UCC</i> <i>Worship and Music 5:00</i>	12 <i>Tai Chi 9:30-10:30</i>	13	14 <i>Bible Study at Red Zone 8:30 a.m.</i>
15 9:00 <i>Adult Sunday School</i> 10:00 <i>Worship Service</i> 10:15 <i>Sunday School</i>	16	17 <i>Tai Chi 9:30-10:30</i>	18 <i>Administration 5:00</i> <i>Ministerium Lenten Supper 5:30—7:00 at UCC</i>	19 <i>Tai Chi 9:30-10:30</i>	20 <i>Yard Sale Blue Goose</i>	21 <i>Bible Study at Newport Family Rest. 8:30 a.m.</i> <i>Yard Sale Blue Goose</i>
22 9:00 <i>Adult Sunday School</i> 10:00 <i>Worship Service</i> 10:15 <i>Sunday School</i>	23	24 <i>Tai Chi 9:30-10:30</i>	25 <i>Ministerium Lenten Supper 5:30—7:00 at UCC</i> <i>Mission 5:00</i>	26 <i>Tai Chi 9:30-10:30</i>	27	28 <i>Bible Study at Red Zone 8:30 a.m.</i>
29 9:00 <i>Sunday School</i> 10:00 <i>Worship Service</i> 10:15 <i>Sunday School</i>	30	31 <i>Tai Chi 9:30-10:30</i>				